



Southwestern Behavioral Healthcare, Inc.

A Southwestern Healthcare, Inc. Affiliate

www.southwestern.org



“My son is not getting along with others at school, and I don’t know how to help him control his behavior.”

“My drinking is getting out of hand. I used to have three or four drinks in the evening, but now I’m drinking all through the day.”

CARING FOR OUR COMMUNITIES

When personal problems start affecting every day life and you need professional help, Southwestern is here to assist you.

At Southwestern, we offer quality mental health services designed to treat individuals with a variety of issues such as depression, anxiety, stress, family conflicts, marital issues, parenting issues, child behavior issues, addiction, grief severe psychiatric illness, and many other problems.

With the help of caring professionals, these problems can be treated effectively. At Southwestern, we utilize a team of psychiatrists, nurse practitioners, nurses, psychologists, therapists, case managers, and mental health technicians to help each patient identify and resolve problems.

OUTPATIENT SERVICES

At Southwestern, we strive to treat patients in an outpatient setting whenever possible to minimize disruption to family life and career or school. Treatment begins when the patient and the therapist identify the problem and then develop a treatment plan. That treatment plan may include a blend of individual, group, and family therapy and medication, if needed. The course of treatment and duration of treatment varies for each patient.

Outpatient Services are provided at our seven outpatient locations in Gibson, Posey, Vanderburgh, and Warrick Counties. We treat patients of all ages, with special services for children and older adults.

EMERGENCY SERVICES

We offer 24-hour emergency evaluations, crisis interventions, and counseling for people of all ages with mental health and addiction problems. During normal office hours, Emergency Services are available at any of our outpatient offices. After normal office hours and on weekends, Emergency Services are available by phoning 812.423.7791.

INPATIENT SERVICES

When a patient is experiencing symptoms of mental illness that require 24-hour per day supervision, the patient may be hospitalized locally and cared for by a team of Southwestern's physicians and therapists and the local hospital's professionals. The patient is assessed at the beginning of the hospital stay, and treatment normally includes both medication and therapy. The goal of Inpatient Services is to stabilize the patient so that he or she can return to treatment in a less restrictive environment as soon as appropriate.

COMMUNITY SUPPORT SERVICES

Individuals with severe and persistent psychiatric illness need assistance in many areas of their lives to continue to live independently. With the following programs, we offer the support, information, therapy, supervision, and medical treatment needed to manage severe mental illness:

- ***Residential Services***
- ***Day Treatment Services***
- ***Case Management Services***
- ***Supported Employment Services***
- ***Medication Management***

ADDICTION SERVICES

Over the past three decades, Southwestern has specialized in treating addiction, and we offer a continuum of services to help patients who are recovering from addiction to alcohol, drugs, gambling, and other addictions. Outpatient treatment for addiction is available at all of our outpatient offices in Gibson, Posey, Vanderburgh, and Warrick Counties.

Those who need more intense treatment may prefer to seek services at our Stepping Stone location on Evansville's east side. At Stepping Stone, we offer the entire continuum of care for addiction - from outpatient services to residential services - within the walls of one facility. Patients may participate in different programs as they progress through recovery:

- **Outpatient Program**
- **Intensive Outpatient Program**
- **Detoxification Program**
- **Residential Program**
- **Transitional Residential Program**

FEES AND INSURANCE

Whether or not you have insurance, you can be treated at Southwestern. Many insurance policies pay for a portion of our fees, but since most do not pay 100%, patients are expected to pay the uncovered portion. Fees are determined at the first appointment, and we work with patients to arrive at a payment plan, if necessary.

APPOINTMENTS

Confidential appointments are available Monday through Friday at all of our locations. After school and evening appointments are available.



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“Since my spouse died, I have had a tough time getting through the long, lonely days, and I don’t know how to carry on without him.”

EXPERIENCE AND QUALITY

At Southwestern, we have a long history of providing mental health care in Southwestern Indiana. Our history began in 1963 when President John F. Kennedy envisioned a system of care that would allow patients to seek mental health treatment in their very own communities. The leaders of our community responded by establishing Southwestern, a not-for-profit behavioral healthcare provider, to serve those who live in Gibson, Posey, Vanderburgh and Warrick Counties.

We opened our doors in 1971 with the goal of utilizing our resources and programs to help each patient resolve problems and move toward greater mental health. Today, we serve approximately 9,500 patients each year, and we continue to structure our services around the needs of the community.

LOCATIONS

❑ Robert M. Spear Building

415 Mulberry Street
Evansville, IN 47713
812.436.4219 Appointment Desk
812.436.4220 Assessment Center
812.436.4232 Administration
812.436.4229 Human Resources
812.436.4225 Patient Accounts
812.436.4222 Medical Records
812.422.7558 FX

❑ Community Support Services

410 Mulberry Street
Evansville, IN 47713
812.436.4243 PH
812.436.4308 FX

❑ Stepping Stone

4001 John Street
Evansville, IN 47714
812.473.3144 Outpatient
812.473.3104 Residential
812.473.8970 FX

❑ Stockwell Center

60 S. Stockwell Road
Evansville, IN 47714
812.476.5437 PH
812.476.5671 FX

❑ Lillian G. Moulton Center

1 N. Barker Avenue
Evansville, IN 47712
812.423.4418 PH
812.422.9977 FX

❑ Gibson Regional Services

310 S. Fifth Avenue
Princeton, IN 47670
812.385.5275 PH
812.385.5276 FX

❑ Posey Regional Services

100 Vista Drive
Mt. Vernon, IN 47620
812.838.6558 PH
812.838.6559 FX

❑ Warrick Regional Services

315 S. Third Street
Boonville, IN 47601
812.897.4776 PH
812.897.4782 FX

❑ Youth Day Treatment

101 N. Barker Avenue
Evansville, IN 47712
812.426.2499 PH
812.426.2472 FX



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