

# ANNUAL REPORT 2021

Building a Foundation for the Road Ahead





## A MESSAGE FROM OUR CEO

Fiscal Year 2021 was a year of beginnings. We created our “new normal” with our nimble staff shifting as the pandemic surged, keeping quality care available for those we serve. Amongst this constant rapid change, the Southwestern team began some transformational work. Indiana’s first Jail Based Competency Restoration program began as a partnership with the Department of Mental Health and Addictions, the Vanderburgh County Sheriff’s Office, and Evansville State Hospital (story highlighted in this report). It’s the relationships with our community partners that make this a great success.

We were awarded our first SAMHSA grant, which includes \$3M for program development to create a Comprehensive Crisis Services program for our community. This Crisis Services program includes: a 24/7/365 crisis line, mobile crisis response team, co-response with local law enforcement, and a Crisis Stabilization Unit. We hope the foundational work and these transformational efforts will bear great fruit for our community in FY22.

We also launched our first Diversity, Equity, and Engagement Committee, which was founded by a member of our leadership team, CeCe Ellis. Transformational work continues as we build a great foundation for what the future will bring: becoming the employer of choice, the community partner of choice, and the treatment provider of choice. We have the passion, talent, and grit to achieve these audacious goals!

Here’s to our new beginnings that we launched despite the distractions around us. Proud of our team, and who WE are becoming.

A handwritten signature in blue ink, appearing to read 'Katy Adams'.

Katy Adams, President and CEO







## OUR LEADERSHIP TEAM

We were excited to welcome Dr. Shannon Jones as our Chief Medical Officer during this fiscal year. Dr. Jones first came to us in 2000 where she worked as both a Psychiatrist and the Director of Youth Services. In 2008, Dr. Jones became the Medical Director at the Evansville Psychiatric Children's Center (EPCC) where she was responsible for overseeing and directing care of all EPCC patients while complying with all pertinent federal, state, and local regulations. Before returning as our Medical Director, Jones was named the Interim Superintendent at EPCC. We look forward to what our clinical future holds under the leadership of Dr. Jones.

We could not operate day-to-day without the guidance of our professional leadership team. Our leaders include: Katy Adams, LCSW, LCAC, President and CEO; Elizabeth Arnold, LCSW, Director of Adult Services; Cedralia Ellis, LCSW, Director of Community Support Services; Elizabeth Fallen, LCSW, Director of Child and Family Services; Kevin Groves, LCSW, LAC, Director of Addiction Services; Dr. Shannon Jones, Medical Director; and Lisa Withrow, LCSW, LCAC, Director of Innovative Practices.

## BOARD OF DIRECTORS

Diane Arneson  
 Roxanne Berendes  
 Beverly Corn VanHaaften  
 Marsha DeSchamp  
 Heather Hertel  
 Keith Omer  
 Bonnie Rinks  
 Gary Schutte  
 David Shaw  
 Rob Shelby  
 Jan Stamps  
 Rose Young  
 Ann White



Proud Supporter of Downtown Evansville  
 and their Adopt-A-Planter program

# SERVICE STATISTICS



1,232  
same day  
assessments

Clients from 45 out of 92 counties in the state of Indiana were served through our addiction services programs.



Additionally, individuals from Illinois and Kentucky also received services.

## Top referral sources

Healthcare, Legal and Self



98%

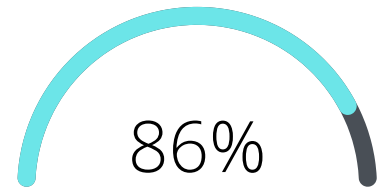
"Like the services they receive from us"

95%

"Would recommend us to friends or family"

81%

"Feel they can deal more effectively with daily problems as a result of our services"



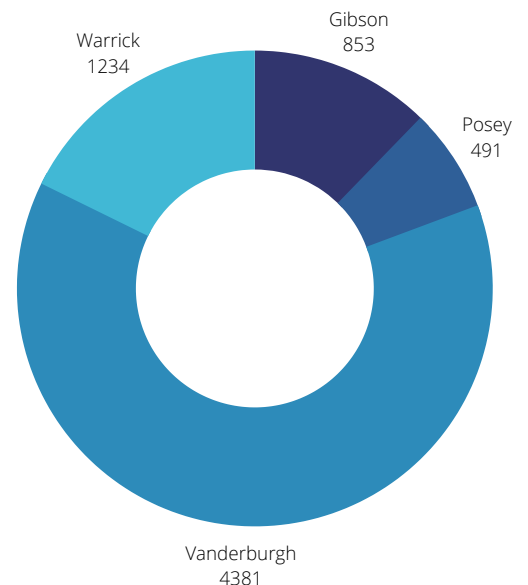
86%  
of clients were seen within 7 days of  
being discharged from an inpatient unit



1.36 days:  
average wait from  
call to assessment

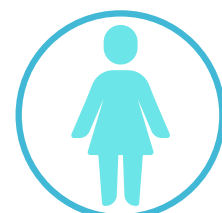
1701:  
total calls responded  
to by on-call staff

## Clients served in each of our counties



4,495 youth  
referred to us  
from DCS

40 WRAP  
families served\*



409 youth  
served in  
schools

20 schools with  
staff on-site

\*WRAP is a team-based planning process intended to provide coordinated, complete, family-driven care that meets the complex needs of the youth



# PROGRAM HIGHLIGHTS

## Jail Based Competency Restoration Program

Southwestern Behavioral Healthcare started the first Jail Based Competency Restoration (JBCR) Program in the State of Indiana. JBCR is an initiative being piloted at the Vanderburgh County Jail and includes a collaboration between Southwestern Behavioral Healthcare, the Vanderburgh County Courts and Jail, Evansville State Hospital, and the Indiana Department of Mental Health and Addictions. JBCR allows Southwestern staff the opportunity to provide direct services to individuals in the jail who have been determined to be psychologically unable (“incompetent”) to participate in their own defense. In the past, these persons would remain in the jail, and without treatment, while awaiting transfer to a State Psychiatric Hospital where treatment would be started. With the JBCR Program, treatment is initiated in the jail setting with the intent being a person’s competency will be restored prior to ever needing to go to a State Hospital. Services include a Clinical Evaluation, Psychiatric Evaluation with Medication Management, and Legal Education training. To date, seven (7) individuals have graduated from this program.

**Success Story!** – A recent graduate, in the past year, went from incarcerated and incompetent, to restored and in active recovery. This individual now has successfully maintained a full time job that provides benefits and lives independently in our community.

## Certified Community Behavioral Health Clinic (CCBHC)

In the State of Indiana, 16 organizations have received expansion grants and achieved CCBHC status. We are so very proud to not only be one of those organizations, but of our staff who have spend countless hours working on building the foundation to expand our crisis services and data reporting capacity. CCBHC have dramatically increased access to mental health and substance use disorder treatment, expanded capacity to respond to crisis, and established innovative partnerships with law enforcement, courts, community agencies, schools, and hospitals to improve care, reduce recidivism and prevent hospital readmissions. Our 24/7/365 crisis line, mobile crisis team, and crisis stabilization unit are just the beginning of what is to come for us as a CCBHC!

## Same Day Assessments

When a mental health need arises, it is important that we are there to support those who may need an immediate assessment. This fiscal year, we launched the Same Day Assessment program to carve out time for those who are needing services in a timely manner. Mental health comes with its own barriers and stigma. Being able to provide a positive patient experience by delivering a timely assessment, diagnosis and treatment plan enhances our ability to be responsive and provide vital care.



# NEW INITIATIVES

## Diversity, Equity and Engagement (D.E.E.) Committee

*A message from Cedralia Ellis, D.E.E. Committee Chair*

At Southwestern Behavioral Healthcare, we are committed to making a better workplace for our current and future employees. We understand that real and meaningful change starts at home. Together we are working to build a greater Southwestern Behavioral Healthcare where we understand the importance of self-identity and how we can use personal differences, resources, and talents to generate innovative ideas, develop leaders, and create a choice place for our clients and employees. Together, we are building and shaping our culture to ensure everyone feels welcome, safe, and connected. As an organization, through R.I.S.E. (Respect. Inclusion. Social Justice. Equity.) charge and our Diversity, Equity, and Engagement Committee and its initiatives, we will continue to prioritize and develop an inclusive, engaged, and diverse place for all employees, the clients we serve, and the community.

One of the many initiatives of the D.E.E. committee is a monthly newsletter, *Connect*. If you are interested in learning more, scan the QR code to read a copy of the newsletter online.



## Nurse Practitioner Residency Program

We are excited to partner with the University of Southern Indiana's College of Nursing and Health Professions. They received a grant from the Health Resources and Services Administration (HRSA), an agency of the U.S. Department of Health and Human Services, to develop a residency program for nurse practitioner graduates in the specialty areas of family nurse practitioner (FNP) and psychiatric mental health nurse practitioner (PMHNP).

The FNP and PMHNP Residences will be located in healthcare settings serving rural and underserved populations in southwestern Indiana.

Our first PMHNP resident completed the first psychiatric APN residency this fiscal year, with at least 2 more residents planned for the coming years.

# COMMUNITY IMPACT

## Stepping Stone Community Forums



Please join us for a virtual community forum discussing

**INTEGRATED TREATMENT FOR  
CO-OCCURRING DISORDERS &  
INTRODUCING OUR CHANDLER HOME**

January 12th • 6pm • via Zoom

This forum is FREE and open to the community.  
Please call (812) 473-3144 to register. The Zoom link will then be sent to you via email.

Facilitated by:  
Beth Barchet, LCSW – Director, Programs  
Kevin Groves, LCSW, LAC – Director, Addiction Services  
Crystal Willis, BS – Clinical Manager, Supervised Group Living  
Laura Lee, BSW – Supervisor, Chandler home

Stepping Stone, our residential addiction treatment center, offers a variety of educational community forums for professionals and others wanting more knowledge on addiction related topics. Even with the pandemic, these forums were held virtually. Topics included: What are healthy relationships?, Understanding addiction and relapse and interdependency vs. codependency, to name a few.

## WNIN Documentary on Opioid Epidemic

In 2020, our local WNIN network premiered a five-part documentary on the opioid epidemic in Evansville titled, "Epidemic: Addiction in the Midwest". The documentary covers areas such as how the brain handles and responds to opioids, statistics of opioid distribution and deaths, and stories of those who have lost loved ones to this disease in Evansville.

Southwestern Behavioral Healthcare employees also appeared in the film. Those individuals included Kevin Groves, Director of Addiction Services; Katy Adams, President and CEO; and Jim Macke M.D., Addictionologist. Special thanks to WNIN for their advocacy!



Scan this QR code to watch  
all five episodes

## 10 Year Anniversary of Suicide Prevention Hotline

We cannot thank our clinicians enough for being awesome life savers! They've answered the suicide hotline calls whether it's during the day or in the middle of the night. Since November 1, 2010, we have...

- Answered 1,402 calls. Of those, only 194 were duplicate calls.
- Provided 23,284 minutes of help, which equals 388 hours.
- Spent over \$200,000 promoting the line through TV/radio/billboards, etc.

We've helped countless individuals and we thank those who have called for trusting us to assist them, their family, their friends, and others. NEW! Next year, this hotline will be integrated with our newly formed Crisis Services Team where they will assist with crisis, including suicide, calls from one hotline (story shared on page 5).





# STAFF RECOGNITION

Top: Linda Taylor celebrates 50 years at Southwestern Behavioral Healthcare! She is an administrative assistant who started her career with us on December 1, 1970.



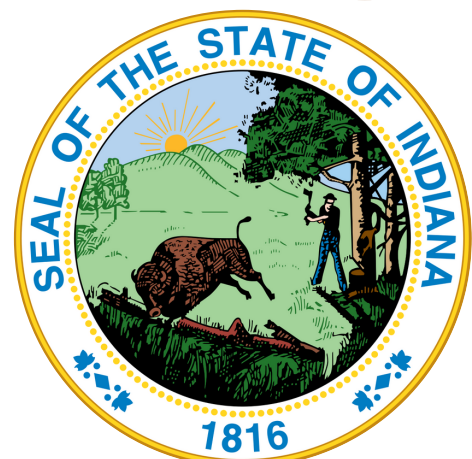
Next: Cedralia Ellis, Director of Community Support Services, serves as a guest speaker for the Children's Museum of Evansville's "Proud Parent" speaker series. The topic covered was "Covid and Family Mental Health".



Next: Robbillie Stevenson, LSW, celebrated her one-year anniversary with us during the height of the pandemic. She had these encouraging words to share: "Today is my one-year anniversary with Southwestern Behavioral Healthcare. This year has FLOWN by! I continue to learn more about myself as a therapist and as a woman trying to find herself. The year 2020 has presented many challenges making myself feel insecure, fatigued, beyond overwhelmed, and at times hopeless. I got back into therapy, saw a Psychiatrist, and got on the track to figuring out my issues. I have SBH to thank for allowing me to make my mental health a priority. Thankful for a healthy and supportive work environment."



LAST: Congratulations to Katy Adams, President and CEO, and Dr. Donna Culley for being appointed to the Indiana Behavioral Health Commission by Governor Eric Holcomb.

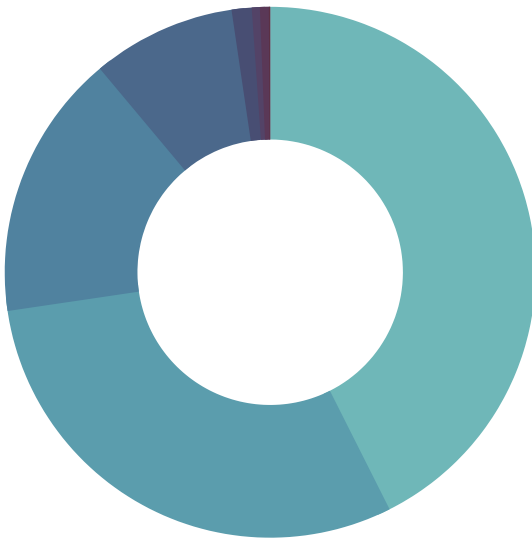


June 30, 2020 - July 1, 2021

## REVENUE

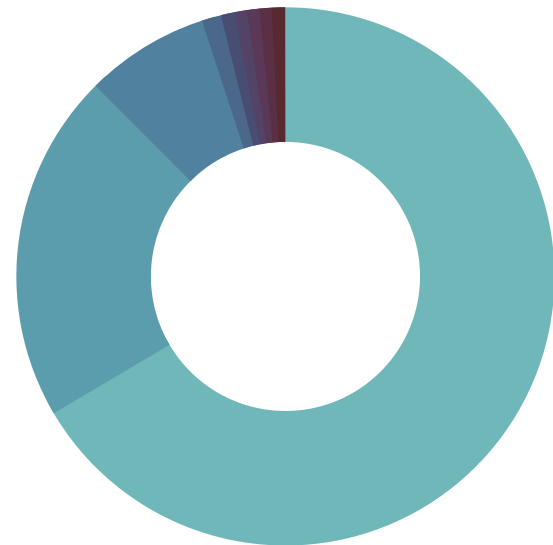
Net Service Revenue*	\$11,145,200	42.58%
State/Federal Funds	\$7,879,300	30.10%
COVID-19 Relief Funds	\$4,252,600	16.25%
County Funds	\$2,292,800	8.76%
Contracted Services	\$318,200	1.22%
Investments	\$128,000	.49%
Other Grants & Donations	\$21,100	.08%
Other	\$140,400	.54%

\*Net of \$1,076,000 in charity care



## EXPENSES

Compensation/Benefits	\$15,347,600	66.06%
Purchased Services	\$4,848,800	20.87%
Building & Equipment	\$1,719,000	7.40%
Depreciation	\$270,100	1.16%
Insurance	\$186,600	.80%
Bad Debt	\$175,100	.75%
Supplies and Activities	\$171,900	.74%
Office & Communication	\$167,600	.72%
Travel, Meetings & Education	\$156,700	.67%
Other Operating	\$189,900	.82%



Katy Adams, President and CEO of Southwestern Behavioral Healthcare, with Mike Small, Owner of Corporate Design and Secretary of the William Schmidt Foundation, pose together as Mike presents Katy with a check for \$10,000 for a matching grant for our School Based Services Summer Program!



WANT TO LEARN MORE ?  
WE INVITE YOU TO  
VISIT US ONLINE.



*"I started going to therapy at Southwestern Behavioral Healthcare to help me deal with issues regarding our adopted daughter. They have not only helped me with my own anxiety, but also helped me learn how to better advocate for my daughter. I have been attending regular talk therapy. Upon the advice of my therapist, I have also started EMDR therapy. I am very thankful for their services!"*

southwestern.org 812.423.7791 812.422.1100 Crisis  
Serving Gibson, Posey, Warrick and Vanderburgh Counties