## **Our Service Locations:**

Moran Center Child & Family Services 60 S. Stockwell Rd., Evansville 812.476.5437

School Based Program Child & Family Services 414 SE 4th St., Evansville Suite 101 812.428.4880

DCS Community Based Program Child & Family Services 414 SE 4th St., Evansville Suite 102 812.428.4887

Gibson County Office 320 S. Fifth Avenue, Princeton 812.385.5275

Warrick County Office 315 S. Third Street, Boonville 812.897.4776

Posey County Office 309 N Sawmill St., Mt. Vernon 812.838.6558



Improving lives
together
with
Community,
Excellence
and
Integrity





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#### Who We Are:

At Southwestern Behavioral Healthcare, Inc.'s Child and Family Services, we work to help the children and families in our community thrive. We offer a full compliment of professional mental health services provided by a multidisciplinary team of experts. We are accredited by The Joint Commission (TJC).

#### Who We Serve:

We have specialists trained to help children age 18 and under, as well as parents and caregivers.

#### What We Do:

Child and Family Services has caring staff members who understand the individual needs of the children and families we serve. We take a team approach to care coordination. Care plans are developed collaboratively based on each child's unique needs. Services for children and families can be delivered in the clinic, the home, the school, or other community settings.

# To meet the diverse needs of the community, a wide array of services are offered:

- Comprehensive Assessments
- Individual Therapy
- Group Therapy
- Family Therapy
- Skills Training and Development
- Case Management
- Psychiatric Services
- High Fidelity Wraparound Services
- Parent Training
- Supervised Visitation

#### **Clinic Services**

The clinic provides a safe and stable environment to address a wide array of challenges impacting youth including disruptive behavior, family conflict, anxiety, depression, adjustment to life changes, grief/loss, self-harm, suicidal ideation, trauma, and sexually maladaptive behavior.

## **Home-Based Family Centered Therapy**

Home-based family centered therapy is provided to those families in need of interventions in their own environment to help promote healthy functioning on an individual basis and as a family unit. The home-based therapy model focuses on the relationships of the family to ensure there are healthy attachments, parenting skills, youth development, family functioning, and positive supports. This approach is person-centered and involves the family in their treatment goals and planning process.

## **Case Management**

Case management services are offered to link families in need of resources to services in the community. Case management is provided to identify service needs, encourage progress, and ensure coordinated care that produces meaningful outcomes for children and families.

## **Skills Training and Development**

Skills training is provided to assist in teaching and enhancing skills including parenting skills, social skills, expression of feelings, communication skills, time-management, etc. Skills training promotes healthy functioning in every day life activities: school, work, home, community, etc.

## **High Fidelity Wraparound**

High Fidelity Wraparound is a team-based planning process intended to provide coordinated, complete, family-driven care that meets the needs of youth who are involved with multiple "systems". Systems include mental health, child welfare, juvenile justice, and special education. Wraparound services create positive change and build upon family assets. Referrals can be made through the Child Advocates Portal by visiting: incmhwportal.fssa.in.gov.

### **School Based Services**

Our school-based team provides services to identified students within the school setting. Students experiencing behavioral and/or emotional difficulties in the school can receive services to assist them in developing the skills needed for success.

For more information, call us today at 812.476.5437. We're here to help!

Interpretive services available for those needing assistance.

