

# Neurodevelopmental Center

integrated care for youth & families

A Collaboration Between:



## NEURODEVELOPMENTAL CENTER

Southwestern Behavioral Healthcare and the Easterseals Rehabilitation Center have collaborated to provide the first integrated Neurodevelopmental Center (NDC) for youth in Indiana. Even more exciting — it's happening right here in our community!

### Why Choose NDC?

NDC Provides:

#### ★ Care Coordination

- Friendly guidance and connection to resources
- Coordination of appointments with multiple providers
- Ongoing support to assure family needs are being met

#### ★ Comprehensive Assessment with a Coordinated Team that may include:

- Psychology, Psychiatry, Mental Health Services, Physical Therapy, Occupational Therapy, Speech Therapy and/or Audiology
- Most assessments are coordinated at one location

#### ★ Medication follow up visits with Psychiatry

#### ★ Nutrition Assessment and Counseling

#### ★ Connection to community resources and support

#### ★ Ongoing visits for recommended therapies (may occur at NDC or Easterseals)

- Speech, Occupational Therapy, Physical Therapy, Mental Health Services, Skills Training

### How Do I Get Started?

Call or email to request a meeting with a Care Coordinator to begin the referral and intake process.

Office hours: M-F, 8a.m.-5p.m.

Closed daily from 12-1p.m. for lunch



### Keep In Mind...

Due to the limitations of an outpatient clinic, families in need of emergent or urgent care should utilize their current providers or hospital for immediate services. Those in mental health crisis with no immediate danger may call the Southwestern Crisis Services Team, 24/7/365 at (812) 422-1100

### Requirements:

- Must be an Indiana resident
- Age 17 or under upon referral
- Diagnosis Criteria: Youth who are diagnosed with a mental health disorder along with autism, intellectual or other developmental disability

**Contact Us:**  
812.436.4387

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southwestern.org/ndc

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