



| FY2025

ANNUAL REPORT

IMPROVING LIVES TOGETHER
Community - Excellence - Integrity

A Message from our CEO

As one of the eight Certified Community Behavioral Health Clinic (CCBHC) pilots in the state of Indiana, Southwestern is building the foundation for the transformation of mental health care delivery in the state. The CCBHC model requires valid data collection and transparency of our process and clinical outcomes. Much like the saying “building a plane while flying it”, our dedicated teams of leaders and direct care staff have tirelessly built and implemented processes to consistently and accurately collect screening data for every client we serve. This has been no small feat. A huge THANK YOU to our data team and to each staff member who meets with each client to collect this information, and assure it is entered accurately into our electronic health record.

In addition to data reporting, we have been committed to making a significant impact on ACCESS to services. Gone are the days of waiting months for mental health and/or substance use treatment. Our time from call to evaluation can be same day for those that desire it, and our average time from call to evaluation is 6 days!

We welcome honest, brave conversations about how we can improve our processes, our outreach, and be an asset to our community. The mental health industry is ever-changing, and we will continue to lead these conversations about what still works, and what we need to adjust to ensure we are meeting the needs of those we serve. Thank you for trusting us and including us in these conversations.



Katy Adams, LCSW, LCAC
President/CEO

Our Purpose and Values

Southwestern's **WHY**

Improving
Lives
Together

Southwestern's **HOW**

Community
Excellence
Integrity

How We Define **INTEGRITY**

Southwestern Behavioral Healthcare keeps each other accountable, values honesty, being brave and transparent, and fixes the things we don't get right, always striving to do the next right thing.

GUIDED BY INTEGRITY

This year’s annual report centers on **INTEGRITY**. In behavioral health, integrity is more than a word; it’s a commitment to honesty, compassion, and accountability in every interaction. It drives us to be transparent, respectful, and steadfast in doing what’s right, even when it’s difficult. Integrity builds trust, deepens community ties, and elevates the quality of care. As we move forward, it remains our compass, guiding every step with purpose and authenticity.

Integrity also strengthens how we advocate, partner, and grow. It challenges us to evaluate our practices, improve continuously, and remain aligned with the needs of those we serve. As we move forward, integrity remains our compass, shaping how we show up for our community and guiding our efforts to ensure that mental health and substance use services are accessible, equitable, and grounded in humanity.

DIRECTOR TEAM

- Elizabeth Arnold, LCSW
Director of Adult Services
- Meredith Bean, LCSW
Director of Child and Family Services
- Cedalia Ellis, LCSW
Director of Community Support Services
- Dr. Arvind Datt
Medical Director of Addiction Services
- Meghann Jeffries, LCSW, LCAC
Director of Crisis and Outreach Services
- Dr. Greg Unfried
Interim Chief Medical Officer
- Lisa Withrow, LCSW, LCAC
Director of Innovative Practices

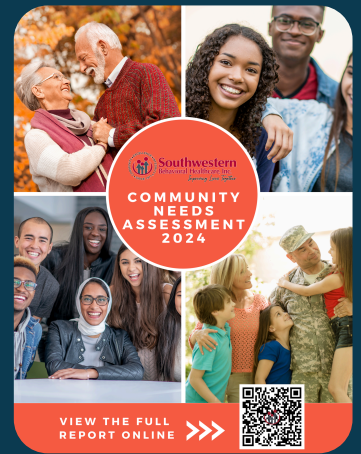
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SBH Annual Report FY25

COMMUNITY NEEDS ASSESSMENT



In November 2024, we unveiled our Community Needs Assessment (CNA), which identifies mental health and substance use service needs in Vanderburgh, Warrick, Gibson, and Posey Counties. Funded by the CCBHC-IA grant from SAMHSA, the CNA fulfills both federal and state certification requirements and will guide our strategic planning and Continuous Quality Improvement (CQI) efforts over the next three years as we transition to the Certified Community Behavioral Health Clinic (CCBHC) model.

Through data collection and stakeholder input, the CNA highlights service gaps and community strengths, ensuring our programs remain responsive, compliant, and aligned with evolving needs. Its findings will shape Southwestern’s CQI plan, performance measures, clinical training, staffing strategies, and outreach initiatives.

We invite you to explore the full Community Needs Assessment or our summary report, both of which share key findings and data while highlighting the most important takeaways. **View these documents by scanning this QR code or visiting southwestern.org/cna2024.**



CNA Press Conference 11/20/24



A STRATEGIC ROAD AHEAD

Three Year Strategic Plan for 2025-2027



Following the results of our Community Needs Assessment, we developed a three-year Strategic Map to guide our work and ensure we are addressing the most pressing needs in our region. This plan serves as a roadmap for action outlining clear priorities, measurable goals, and strategies that strengthen mental health and substance use services, close gaps in care, and expand community support. By aligning our programs, partnerships, and resources with the voices and needs identified in the assessment, the Strategic Map provides focus, accountability, and direction for the years ahead. It reflects our commitment to continuous improvement and to working hand in hand with the community to improve lives together. **You can view this map online by scanning the QR code above or visiting our website.**



CCBHC IN ACTION

Our journey as a Certified Community Behavioral Health Clinic (CCBHC) pilot site began January 1, 2025, a milestone built on years of preparation and belief in a better way to serve our community. The transition brought challenges, but thanks to groundwork laid before Indiana became a demonstration state, we entered this new phase ahead of the curve. Today, we're delivering **high-quality, accessible** care while demonstrating impact through Clinic-Collected Measures where data and compassion work together to transform lives.

As part of the CCBHC model, we join a national effort to improve access, quality, and accountability in behavioral health. Clinic-Collected Measures **track outcomes, identify gaps, and guide improvements**, reported to SAMHSA and DMHA. These metrics not only meet state and federal standards but also hold us accountable to the people we serve, ensuring our services remain compassionate, timely, and evidence-based.

FY25 PERFORMANCE SUMMARY WITH FY26 GOALS

In FY25, our clinical quality and access performance was strong, with several measures surpassing targets and others highlighting areas for growth. Looking ahead, FY26 goals are designed to match current capabilities, drive ongoing improvement, and align with expected CY26 metric updates.

FY25 Highlights



Access & Timeliness: Initial evaluations averaged **6 days**, and crisis response times were **under 15 minutes**.



Screening Excellence: Depression and alcohol screenings achieved **near-perfect** scores, with **100%** follow-up for depression and **98%** for brief alcohol counseling.



Social Determinants of Health (SDOH): Screenings reached **73.3%**, with tobacco screening at **88.4%**.



Quality Measures: Health tracking (diagnostic evaluation/Indiana National Outcome Measures (NOMS) completion/vital signs documentation) hit **94.5%**, well above the 70% goal.

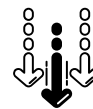


Inpatient Follow-Up: 7-day service post-discharge face-to-face contact reached 91.3%, and 1-day successful contact improved to 57.3%.

FY26 Goals



Maintain **high performance** in depression, alcohol, and tobacco screening completion.



Enhance SDOH screening and reduce service gaps.



Improve inpatient follow-up with a target of 60% for 1-day successful contact and 90% for 7-day face-to-face service.

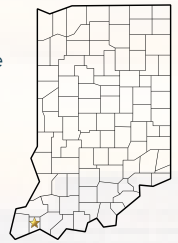


Continue tracking health measures with a goal of 90% completion.



Reduce days between services to meet the 10-day benchmark.

- Evansville
- Darmstadt
- McCutchanville



VANDERBURGH COUNTY

Key Accomplishments in FY25

Enhanced Internal Dialectic Behavioral Therapy (DBT) Training

We provided internal DBT training to a group of therapists and skills coaches, strengthening clinical expertise and expanding our capacity to deliver this evidence-based treatment.

Expanded Same-Day Service Access

We increased access to care by developing additional Same Day service options, reducing barriers, and ensuring clients receive timely support when they need it most.

Talent Development and Retention

We welcomed two interns into full-time roles, one at the Moulton office and one at the Spear Building, expanding our workforce and enhancing continuity across our clinical teams.

Increased Eye Movement Desensitization and Reprocessing (EMDR) Team

We expanded trauma-informed care at the Spear Building by adding two EMDR-trained therapists, increasing access to this highly effective evidence-based intervention.

Provided Additional Training for Suicide Prevention

We trained the entire Moulton office staff in Collaborative Assessment and Management of Suicidality (CAMS), an evidence-based framework for suicide prevention and treatment, enhancing our collective ability to identify, assess, and support individuals at risk.



Scan this QR code to view all of our locations in Vanderburgh County.

■ 6,164 CLIENTS SERVED

AGE	1,764	Ages 17 or under
	3,998	Ages 18-64
	402	Ages 65+
	113	Veteran Status

TREATMENT SERVICES	4,403	Mental Health
	1,355	Substance Use
	406	Co-Occurring

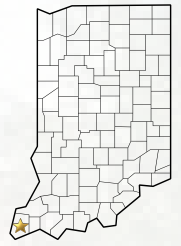
PRIMARY DIAGNOSIS	592	Anxiety
	510	PTSD
	490	Stimulant Dependence
	445	Alcohol Dependence
	331	ADHD

SUBSTANCE CATEGORIES	750	Alcohol
	584	Marijuana/Hashish/Oils
	541	Methamphetamine
	310	Tobacco
	113	Other Opiates/Synthetics

RACE	4,452	White	23	Asian
	825	Black	16	Indian/Alaskan
	391	>1	8	Hawaiian/ Pacific Islander
	304	Unknown		
	145	Other		

ETHNICITY	5,558	Not Hispanic/Latino
	257	Hispanic/Latino
	349	Unknown

- Cynthiana
- Farmersville
- Griffin
- Mount Vernon
- New Harmony
- Poseyville
- Solitude
- Wadesville



POSEY COUNTY

Key Accomplishments in FY25

Launch of Mindful Recovery Substance Use Disorder (SUD) Group

We launched Mindful Recovery, a new SUD group that integrates early-recovery strategies with Dialectical Behavioral Therapy (DBT) skills, expanding structured support for clients navigating early sobriety.

Strengthened Community Collaboration

We strengthened collaboration with key community partners by establishing recurring meetings, enhancing communication and improving our ability to respond to emerging local needs.

Advancement in Evidence-Based Couple's Therapy

We enhanced the use of Evidence-Based Practices by training staff in Gottman-based therapy, increasing our capacity to provide effective, research-supported services for couples and marriages.

Expanded DBT Access Through New Licensed Clinical Social Worker (LCSW) Hire

We added an LCSW specializing in DBT, expanding client access to this evidence-based treatment and supporting higher-quality care for individuals benefiting from DBT interventions.



Posey Regional Services

📍 309 N Sawmill St.
 📍 Mt Vernon, IN 47620
 📞 Phone: (812) 838-6558

■ 419 CLIENTS SERVED

AGE	122	Ages 17 or under
	279	Ages 18-64
	18	Ages 65+
	6	Veteran Status

SUBSTANCE CATEGORIES

66	Alcohol
59	Marijuana/Hashish/Oils
40	Methamphetamine
14	Tobacco
3	Other Opiates/Synthetics

TREATMENT SERVICES

308	Mental Health
73	Substance Use
38	Co-Occurring

RACE

369	White
21	Unknown
12	Black
11	Other
6	>1

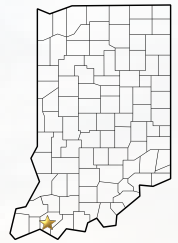
PRIMARY DIAGNOSIS

68	PTSD
57	Anxiety
29	Stimulant Dependence
21	Depression
18	Cannabis Dependence

ETHNICITY

364	Not Hispanic/Latino
10	Hispanic/Latino
45	Unknown

- Boonville
- Chandler
- Elberfeld
- Lynnville
- Newburgh
- Tennyson



WARRICK COUNTY

Key Accomplishment in FY25

Comprehensive Preparation for the Transition to Open Access Assessments

In late spring/early summer, the team undertook preparation for the upcoming shift to Open Access assessments. This work included refining internal workflows, updating scheduling processes, and coordinating across departments to ensure a smooth transition. These efforts positioned our Warrick office to provide same-day assessment access, reduce wait times, and offer a more client-centered entry into services.

Parent-Child Interaction Therapy (PCIT) Training to Expand Evidence-Based Pediatric Care

A therapist from the Warrick County office delivered PCIT training to therapists and skills trainers across the agency. This evidence-based training strengthened staff expertise in working with young children experiencing behavioral and emotional challenges. This training strengthens our ability to support children with complex needs and enhance caregiver-child relationships.

Growth of Clinical Capacity Through New Therapist Hires

We expanded our clinical team by onboarding two new therapists. Their addition increased appointment availability, enhanced our overall clinical capacity, and broadened the range of specialties and strengths available to clients.



Warrick Regional Services

315 S Third St.
Boonville, IN 47601
Phone: (812) 897-4776

■ 679 CLIENTS SERVED

AGE	314	Ages 17 or under
	320	Ages 18-64
	45	Ages 65+
	9	Veteran Status

TREATMENT SERVICES	626	Mental Health
	31	Substance Use
	22	Co-Occurring

PRIMARY DIAGNOSIS	109	Anxiety
	75	PTSD
	65	Depression
	53	ADHD
	36	Adjustment Disorder

SUBSTANCE CATEGORIES	65	Alcohol
	48	Tobacco
	48	Marijuana/Hashish/Oils
	17	Methamphetamine
	2	Heroin

RACE	636	White	1	Indian/Alaskan
	21	>1	1	Asian
	9	Black		
	6	Other		
	5	Unknown		

ETHNICITY	659	Not Hispanic/Latino
	17	Hispanic/Latino
	3	Unknown

- Bucksin
- Fort Branch
- Francisco
- Haubstadt
- Hazelton
- Mackey
- Oakland City
- Owensville
- Patoka
- Princeton
- Somerville



GIBSON COUNTY

Key Accomplishment in FY25

Celebrated One Year of Open Access

We celebrated one full year of Open Access in June 2025, marking a significant milestone in providing walk-in, barrier-free entry to services for clients seeking timely support.

Expanded Services for Older Adults

We expanded programming for older adults with the launch of the Oldies but Goodies group in February 2025, increasing social connection and therapeutic support for this important population.

Introduced Care Coordinator Role to Enhance Whole-Person Care

We added a Care Coordinator position in December 2024 to improve access to care, strengthen collaboration with community partners, and support clients in navigating external resources which advances our commitment to whole-person, holistic treatment.

Launched Paid Internship Partnership with USI and Behavioral Health Academy

We partnered with the Behavioral Health Academy and the University of Southern Indiana in August 2024 to offer a paid internship for a student pursuing mental health and addictions work, supporting workforce development and expanding future talent pathways.



Gibson Regional Services

320 S Fifth Ave.
Princeton, IN 47670
Phone: (812) 385-5275

780 CLIENTS SERVED

AGE	240	Ages 17 or under
	504	Ages 18-64
	36	Ages 65+
	13	Veteran Status

TREATMENT SERVICES	557	Mental Health
	162	Substance Use
	61	Co-Occurring

PRIMARY DIAGNOSIS	126	Anxiety
	75	Stimulant Dependence
	69	Depression
	57	Alcohol Dependence
	56	PTSD

SUBSTANCE CATEGORIES

131	Alcohol
73	Marijuana/Hashish/Oils
69	Methamphetamine
21	Tobacco
4	Other Stimulants
3	Other Opiates/Synthetics

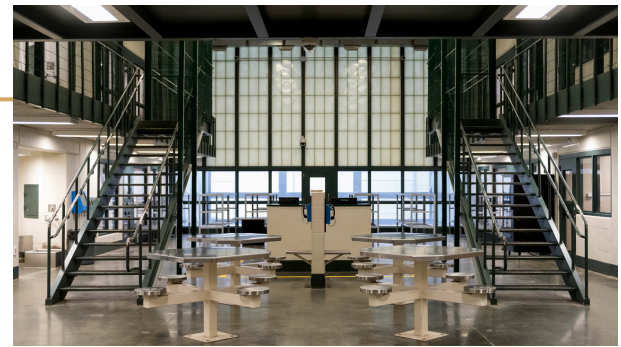
RACE

697	White	3	Asian
29	>1	3	Hawaiian/ Pacific Islander
25	Black	2	Indian/Alaskan
12	Other	9	Unknown

ETHNICITY

757	Not Hispanic/Latino
19	Hispanic/Latino
4	Unknown

"Inside the Jail" image sourced from courierpress.com



FORENSIC SERVICES

Jail-Based Competency Restoration Program

Southwestern Behavioral Healthcare's Jail-Based Competency Restoration Program (JBCR) remained an option for individuals incarcerated in the Vanderburgh County Correction Center who were deemed not capable of participating in their own defense.

This program allowed individuals to access treatment in a more expeditious manner than awaiting transfer to a State Psychiatric Hospital (SPH) in order to be able to engage in restorative services.

For FY25, **17 referrals** to the program were received with **8 individuals** participating in jail-based restoration services. Of these eight (8), **3 individuals were restored to competency** in the jail-based program. This allowed them to not be transferred to a SPH, and they were able to reduce time spent in a locked facility.

Division of Mental Health and Addiction staff continue to emphasize the significant cost savings this program has afforded during the 5 years of its existence. Their data indicated individuals who began restorative services in the jail setting prior to transfer to a SPH spent less time at the SPH than those who awaited transfer to a SPH prior to restorative services starting.

Jail-Based Forensic Program

Southwestern Behavioral Healthcare is committed to meeting individuals where they are, even behind the walls of the jail. Our Jail-Based Forensic Program makes sure that those with serious mental health and substance use needs receive timely, compassionate, and effective care while incarcerated.

Who We Serve

The program is designed for adults (18+) currently incarcerated who are experiencing significant mental health or substance use challenges. Priority is given to Jail-Based Competency Restoration (JBCR) participants, ensuring that individuals who need restoration services have access to the support and treatment they deserve.

What We Provide

Launched in May 2025, the Forensic Team began a soft roll-out of services while awaiting the completion of a dedicated behavioral health unit inside the jail, scheduled to open in 2026. Our services include:

- **Individual Therapy** – recovery-focused treatment tailored to mental health and substance use needs.
- **Skills Training** – practical support to strengthen daily living, problem-solving, and coping skills.
- **Medication Consultation** – ensuring participants receive appropriate treatment planning and medication management.
- **Peer Support Services** – guidance and mentorship from individuals with lived experience.
- **Case Management and Follow-Up After Release** – continued support to ensure smooth transition back into the community.

Through these efforts, our team builds relationships with individuals, connects them to community resources, advocates for clinically appropriate care, and helps create plans for ongoing support after release. This approach reduces the likelihood of individuals returning to the same situations that led to their incarceration and encourages stronger engagement in community services.

Our Capacity & Vision

The program is designed to serve **up to 20 participants at a time**. The new unit will include **10 dedicated male beds**, while also allowing flexibility to serve women in the jail. Because jail releases can happen quickly, admissions are fluid and focused on supporting individuals at the moment services are most impactful.

Program Impact (June–Aug 2025)

- Screened **43 individuals; 33 accepted services** (76.7% engagement rate)
- **33 clients served** (22 male, 11 female)
- **8 clients** received medication consultations
- Delivered **110+ hours of therapy, peer support, and case management**
- **18 clients released**; all received referrals to a higher level of care and/or Crisis Services
- **10 clients** followed through with additional services after release

Success Snapshot

At times, individuals found **Not Competent to Stand Trial** are sent to a state hospital for treatment and later returned to jail, often being released quickly with little notice. In the past, this meant people left jail without resources or medications. Now, thanks to our Forensic Team's presence, these individuals are connected to crisis services, medication support, and community providers before release.

In one case, our team advocated for a participant to be considered for Mental Health Court. The individual was accepted and released from jail with structured support. While recovery was a challenge at first, the participant reached back out to our team, and we were able to coordinate safe shelter, access to medications, and inpatient recovery treatment. They are now actively engaged in treatment and meeting the requirements of Mental Health Court, a meaningful step toward recovery and stability.

MEANINGFUL PARTNERSHIPS

Helping Inmates with Mental Illness

On April 2, 2025 we teamed up with Sheriff Noah Robinson and the Vanderburgh County Sheriff's Office to host a press conference announcing the construction of a NEW ten (10) bed mental health unit at the Vanderburgh County Jail. Scan the QR codes to learn more from our local news coverage.



More Successes

None of these successes would be possible without the dedication, advocacy, and compassionate care of our team. Their commitment is truly changing lives.

- **Follow-Through and Employment Success:** A client initially disengaged post-release but later reconnected. We helped establish care, and they now attend appointments independently and have secured full-time employment.
- **Peer Support Impact:** One client built a strong bond with our Forensic Peer Support and entered a Sober Living program after release, where they're thriving.
- **Competency Evaluation & Advocacy:** After a re-arrest, our team advocated for a competency evaluation for a Mental Health Court client. They were found not competent to stand trial and received appropriate inpatient care.
- **Supporting Clients Returning from State Hospitals:** For a client transitioning back after restoration, our jail-based presence enabled coordination with the Crisis Team to secure medications, case management, and psychiatric care.

CHILD AND FAMILY SERVICES



Theresa Scheller (NDC Nutrition and Wellness Coach), Emily Reidford (Easter Seals), Lynnette Neu (Licensed Psychologist), Kayce Smith (NDC Clinical Manager) and Mike Halstead (Mental Health America of Indiana)

Neurodevelopmental Center
of Southwestern Indiana
integrated care for youth & families



2024 Behavioral Health Team of the Year!

In December, 2024 the Neurodevelopmental Center, Indiana's first integrated outpatient center for youth with co-occurring psychiatric conditions and intellectual and/or developmental disabilities, was honored as **Behavioral Health Team of the Year** at the 2024 Heroes for Recovery Awards. This well-deserved recognition reflects their commitment to integrated care, creativity, and life-changing impact for children and families with dual diagnoses.

In January 2025, we proudly celebrated our **500th referral**, a milestone that reflects three years of dedicated work.



Empowering Families, Enriching Lives

Child and family mental health services continues to grow and expand locally and across the state to meet the growing and evolving needs of children and their families. This growth demonstrates our emphasis on the importance of our communities' needs and addressing the impact of mental health within the population of children and families. We are working with our community partners such as law enforcement, school corporations, juvenile probation, and the courts, leading to greater recognition and a rise in referrals from key systems such as The Department of Child Services, who alone submitted **4,798 referrals**, an **increase** from last year of **800 referrals**.

Accomplishments that have occurred over the last year include:

- **Family Preservation Services** successfully transitioned into a fully implemented, standalone department. The program is now fully staffed with a dedicated team of specialists who deliver high-quality, evidence-based services aligned with program standards. Demand for services continues to grow, and the team has consistently maintained caseloads at maximum capacity.
- **Outpatient Clinical Services** expanded its clinical capacity with the addition of a Credentialed Sexually Abusive Youth Clinician (CSAYC) therapist. In addition, the team now includes a certified Parent-Child Interaction Therapy (PCIT) clinician serving both outpatient and community-based settings, further strengthening our ability to meet diverse client needs.
- **School-Based Services** expanded to include an additional school in Vanderburgh County and is actively partnering with neighboring counties to explore growth opportunities for the upcoming school year. These efforts position the program for continued expansion and increased regional impact.
- The **Neurodevelopmental Center** maintained a steady and reliable referral schedule, providing services to more than 700 children with autism and/or intellectual disabilities this year. This consistent volume underscores the community's trust in the program's expertise and the essential role NDC plays in meeting developmental needs.
- **Child and Family Services** successfully integrated a new conflict resolution approach, Bridge Building, into its service model. All current staff have completed the training, equipping the team with enhanced skills to support families in navigating conflict and strengthening relationships.

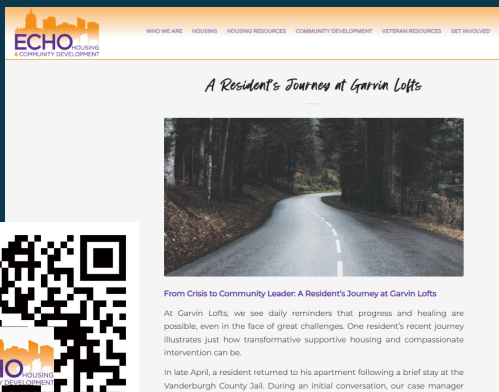
CRISIS SERVICES

Over the past year, Crisis Services and Outreach has strengthened and expanded its impact. Our team focused on improving operations, enhancing service delivery, and ensuring individuals experiencing mental health or substance use crises receive timely, compassionate, and effective support.

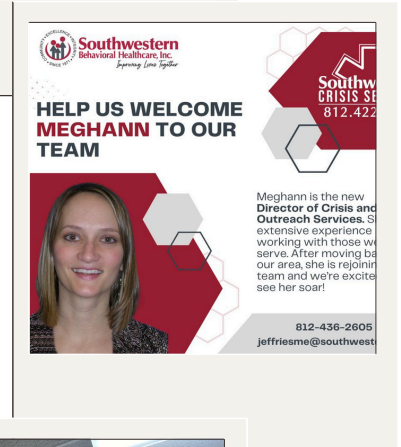
As part of our CCBHC model, we provide immediate access to care through our three crisis pillars: the 24/7 Crisis Line, Mobile Crisis Response Team, and Crisis Stabilization Unit, ensuring someone to call, someone to respond, and a safe place to stay. This year, we averaged **574 crisis line calls, 82 mobile responses, and 50 stabilization stays each month**. Notably, **96%** of individuals remained **safely in the community**, aligning with our commitment to the least restrictive level of care.

We expanded our reach through a **new partnership** with the Warrick County Sheriff's Office and strengthened our substance use response with the **new Southwestern Opioid Coordinator role**. We also hired a **new Director of Crisis and Outreach Services** and added a **Peer Supervisor** to better support our Peer Recovery Professionals, whose lived experience remains central to effective crisis care. This year also brought major improvements in training, supervision, and coordination with emergency responders. With enhanced screening tools and crisis planning, we are better equipped to support individuals before, during, and after a crisis. We remain committed to providing accessible, responsive, and recovery-focused care for anyone in need.

We've witnessed countless powerful moments through our crisis work, but some stories stand out in their ability to capture the heart of what we do. Here's one that left a lasting impact.



Scan the QR code to read this success story!



Scan the QR code to watch the Warrick County Crisis Services news coverage.

Driving Awareness

Southwestern's Crisis Services and the Evansville Police Department unveiled a police vehicle featuring local and national crisis line information in English and Spanish. This mobile message of hope increases visibility, reduces stigma, and reminds the community that help is always within reach.



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SUBSTANCE USE SERVICES

Reconnecting, Rebuilding, and Reaching Out

This year was all about visibility, accessibility, and impact. From launching **Open Access** to appearing on the **cover of News 4U**, we worked intentionally to remind the community that Stepping Stone is here and ready to serve.

Major milestones included **renovating** our facility to create a dedicated residential admissions entrance and a separate women's unit, celebrating Stepping Stone's **35th anniversary**, and **welcoming Dr. Arvind Datt** as our new Medical Director of Addiction Services.

We also launched a targeted media campaign with local TV, radio, and community outreach to spread a simple message: we have open beds and we're ready to help. These efforts strengthened trust, reduced barriers to treatment, and deepened our community connections.

Throughout the year, we emphasized **choosing local** for recovery care. A local inpatient experience builds relationships, supports long-term success, and keeps individuals connected to community-based services after discharge.

Stay connected with Stepping Stone by following us on Facebook - @southwesternsteppingstone.



Top: New Women's Unit; Middle: Open House; Bottom: New Residential Entrance



CLIENTS SERVED

Stepping Stone Outpatient Services:
 Males - 1,016
 Females - 710

Stepping Stone Residential Services:
 Males - 300
 Females - 206
 Transitional Residential for Women: 33
 Total Bed Nights: 8,025

Overall Individuals who Received Substance Use Treatment (in any of our four counties): 2,148

OH WHAT A RENOVATION!

The buzzword around here is construction! We've launched a \$10 million renovation that will enhance care for youth and provide adults with a recovery-focused crisis option rooted in dignity and belonging. This Project is being supported, in part, by Federal Award Number SWBH2022-26ARPA awarded to Southwestern Behavioral Healthcare by the U.S. Department of the Treasury through the State of Indiana and the City.

The renovated complex will house our Neurodevelopmental Center (*learn more about the program on page 12*) as well as introduce a 20-bed Peer Crisis Respite program, the LIGHT Program, the first of its kind in Southwestern Indiana.

The LIGHT Program will create a welcoming, home-like environment where individuals can voluntarily seek support during early signs of a mental health or substance use crisis. Unlike traditional clinical settings, respite care is peer-led, meaning services are delivered by trained Peer Recovery Professionals who draw from their own lived experience to offer understanding, connection, and hope. This model is designed to reduce hospitalization, prevent crisis escalation, and promote recovery through compassion, empowerment, and choice.

Guests will have access to short-term stays focused on safety, stability, and emotional support. The space will feature comfortable bedrooms, communal areas that foster connection, and dedicated rooms for wellness activities, de-escalation, and one-on-one peer support. By providing an alternative to emergency departments or inpatient care, the respite program will fill a critical gap in the crisis continuum, offering a safe place to go before a crisis becomes an emergency.

Completion is expected by the end of 2026. We look forward to sharing more progress in next year's report.

**SOUTHWESTERN
LIGHT PROGRAM**

**COMING
SOON!**

LATE 2026/EARLY 2027



SBH Annual Report FY25

COMMUNITY PRESENCE: SHOWING UP!

Changing the Narrative

This year, we've been everywhere our community gathers such as health fairs, festivals, walks, fundraisers, and trainings making sure people see us, hear us, and know us.

Every event is more than a date on the calendar; it's a chance to connect, educate, and build trust. By being visible and approachable, we're reshaping how people think about mental health and substance use services.

Our mission is clear: we want the community to know who we are and how to reach us, before the need arises. Thanks to our partners who welcome us into their spaces, we'll keep deepening connections and making a difference even if it's one event, one conversation, and one life at a time.

WARMING HEARTS

Winter Clothing Dive

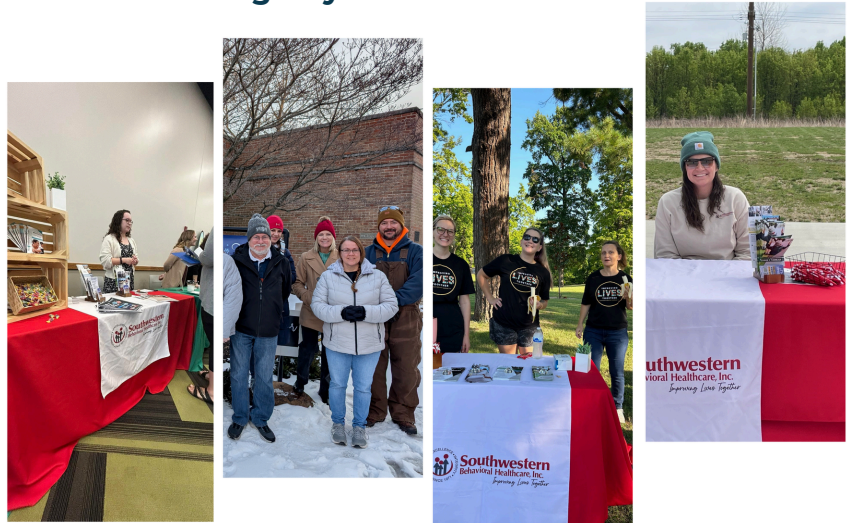
A heartfelt shoutout to the amazing staff who donated to our Warming Hearts Winter Clothing Drive, resulting in the delivery of 200 warm items, including coats and long-sleeve shirts, to United Caring Services (UCS).

UCS expressed deep gratitude and shared an urgent need for underwear, socks, and blankets during White Flag nights. Thanks to our staff's donations, they now have more essentials to offer those in need.

- A glimpse at our community outreach:
- National Night Out
 - Back on Track Health Fair
 - Suicide Prevention Walk
 - Steps for Sobriety
 - NAMI Walks
 - Caldwell YMCA Health Fair
 - Ivy Tech's "IMALIVE" Mental Health Fair
 - Homeless Connect
 - CAPE Head Start Outreach Event
 - Autism Walk
 - Juvenile Justice Conference
 - Goodwill Excel Center Resource Fair
 - City of Evansville Resource Fair
 - Drug and Alcohol Institute
 - Women's Veterans Conference
 - And We Still Rise Event
 - Vann Park Neighborhood Association Meeting



Connecting Beyond the Office



SBH Annual Report FY25

DEE COMMITTEE

Diversity, Equity, and Engagement Committee Highlights



Celebrating • Educating • Connecting

At Southwestern Behavioral Healthcare, we know people thrive when they feel welcomed, understood, and valued. Guided by the Community Needs Assessment, the DEE Committee focused this year on Celebrating, Educating, and Connecting to close community gaps in stigma, access, and culturally competent care.

Looking Ahead

The DEE Committee will continue to expand training, engagement, and outreach that support culturally competent providers, increased client quality care, cultural humility, and intentional connection across all levels of care.

Together, we're addressing community-identified needs, strengthening our workforce, and living our mission: Improving Lives Together.

✓ Celebrating Community

Southwestern showed up across the city—from Fiesta Evansville and the Festival of Nations to holiday events, highlighting the importance of community connection and partnership. These moments reminded us that celebrating together builds trust and strengthens relationships.

At River City Pride Fest, our presence carried special significance. As a CCBHC, it was essential to visibly support LGBTQ+ clients, families, and neighbors, who face disproportionately higher rates of depression, anxiety, and suicide attempts due to stigma and lack of support.

By marching in the parade and hosting a booth, we affirmed that everyone deserves compassionate, inclusive care. Winning Best Decorated Float for the second year in a row was a joyful reminder that visibility matters.

✓ The Power of Engagement Champions

Belonging starts in the workplace, and Engagement Champions make it visible every day. From fun activities like pumpkin decorating and door contests to team-building events and “Positive Potatoes,” they bring connection and joy to our culture.

They also play a strategic role in retention by helping staff feel valued and supported, reducing burnout and turnover. Through Southwestern’s Leadership Academy, Champions gain leadership tools that help them grow and prepare for future leadership roles.

✓ Closing Gaps Through Action

- 81 DEE T-shirts sold raised visibility and sparked conversations, tackling the CNA’s call to reduce stigma and increase awareness of our services.
- Stigma Panel (68 staff, 88% personal growth) equipped staff to confront barriers that too often prevent individuals from seeking care.
- Immigrant Welcome Training (40 staff) advanced our commitment to serve newcomer families and address the CNA-identified lack of Spanish-speaking providers and language access.
- Understanding the Rainbow (33 staff) strengthened culturally appropriate, affirming care for LGBTQ+ individuals, directly supporting CNA priorities to ensure equitable care for marginalized groups.

GRANTS & DONATIONS

We are grateful to all who help us carry out our mission.

- Community Foundation Alliance, Inc.
- Community Health Network Behavioral Health Academy
- DMHA Community Catalyst
- DMHA Crisis Receiving and Stabilization Services
- DMHA Gatekeeper
- DMHA Group Home
- DMHA HAP Grant
- DMHA Jail-Based Competency Restoration
- DMHA MHFRP
- DMHA Promoting Integration of Primary and Behavioral Health Care
- DMHA Residential ASAM 3.1 and ASAM 3.5
- Federal Award Number SWBH2022-26ARPA
U.S. Department of the Treasury through the State of Indiana and City
- Friends of Mental Health
- Gibson County
- Gibson County Drug Free Task Force
- ICCMHC Certified Community Behavioral Health Clinics Bridge
- ICCMHC COVID-19 Mitigation
- ICCMHC Group Home Capital
- ICCMHC Racial Equity Leadership
- Lincolnland Assoc. United Church of Christ
- Posey County
- Posey County Women's Fund
- Promoting a Drug-Free Community in Posey County, Inc.
- Salem United Church of Christ
- SAMHSA CCBHC Improvement and Advancement
- Substance Abuse Council
- Vanderburgh County
- Vanderburgh County Women's Fund
- Warrick County
- Warrick County Cares/Warrick County Drug Free Council
- Women's Club of Newburgh



↑
Kitchen Renovation at Stepping Forward for Women thanks to the Vanderburgh County Women's Fund and the Women's Club of Newburgh.

→
Resource Closet at Posey Regional Services thanks to the Posey County Women's Fund.



We thank you!

FINANCIAL OVERVIEW

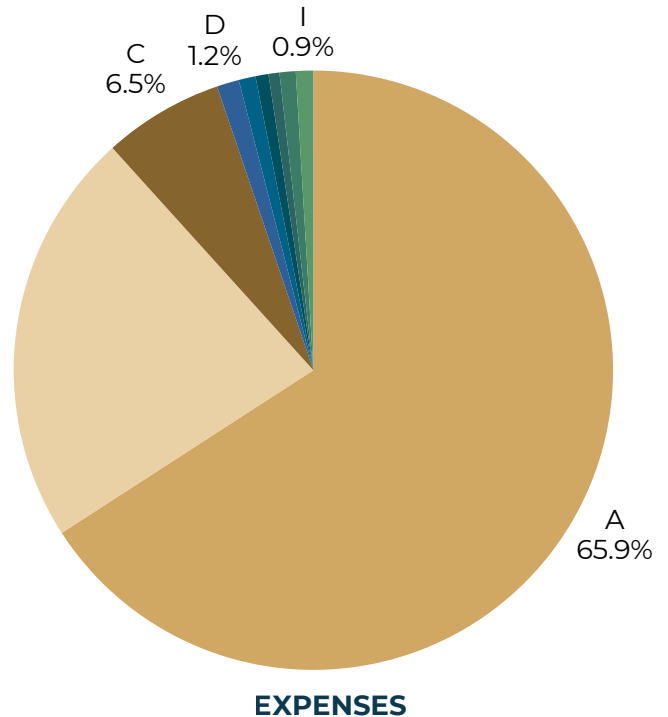
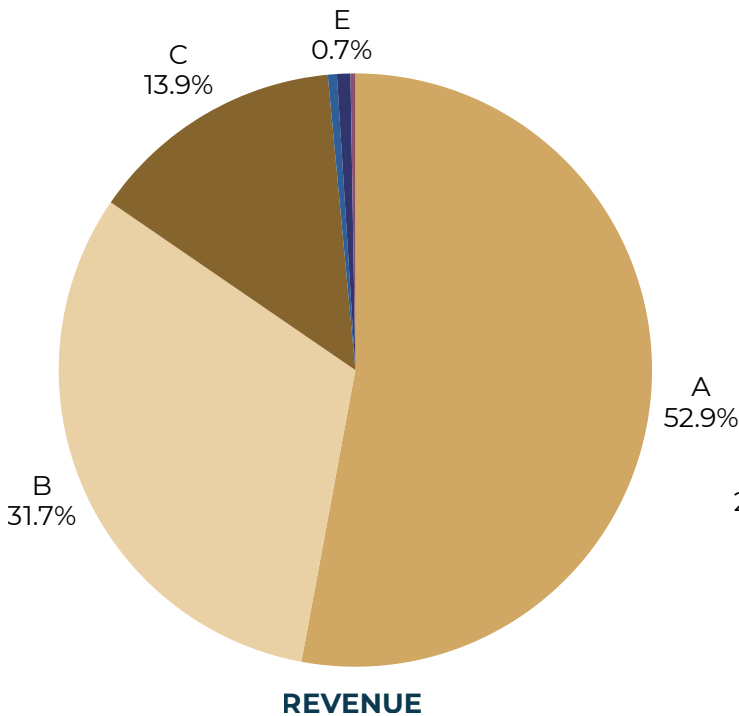
July 1, 2024 - June 30, 2025

■ REVENUE

A: Net Service Revenue*	\$17,018,200
B: State/Federal Funds	\$10,180,800
C: City/County Funds	\$4,484,300
D: Contracted Services	\$156,700
E: Investments	\$236,000
F: Other Grants and and Donations	\$15,900
G: Other	\$82,400

■ EXPENSES

A: Compensation/Benefits	\$20,942,600
B: Purchased Services	\$7,134,500
C: Building & Equipment	\$2,064,100
D: Depreciation	\$380,100
E: Insurance	\$288,800
F: Supplies and Activities	\$221,600
G: Office and Communications	\$187,700
H: Travel, Meetings, and Education	\$275,900
I: Other Operating	\$299,400



Note :

*Net of \$495,800 in charity care

JOIN THE MISSION TO IMPROVE LIVES

Improving Lives Together means uniting our community - staff, partners, advocates, and supporters in a shared commitment to create hope, healing, and opportunity. It reflects our belief that meaningful change happens when we work side by side to support those affected by mental illness and substance use disorders. Together, we can break down barriers, build stronger futures, and transform lives.

We invite you to join us in this work. Your generosity helps expand critical services, reach more individuals in crisis, and ensure every person has access to the care and support they deserve. If our mission resonates with you, please consider making a gift. Together, we can do even more to create a community where everyone has the chance to thrive.



812.423.7791
Appointments

812.422.1100
Crisis Line



Thank you for reviewing our annual report. We hope our work inspires you to get involved - whether by joining our team, advocating for our cause, or supporting those affected by mental illness and substance use disorders. Improving lives together is not just our tagline, it's our mission. With your support, together we can truly make a difference.

Southwestern Behavioral Healthcare meets the licensing and accreditation standards of the following:

