

Stepping Stone: What To Bring and What Not To Bring

What to bring to Stepping Stone Residential	What NOT to bring to Stepping Stone
Bring no more than a week's worth of clothes that will fit in one large duffle/suit case. We have laundry facilities here that you will be able to access. \$1.00/wash, \$0.50/dry. Please include a pair of walking shoes. Your clothing needs to be comfortable and unrevealing. Please ensure that clothing does not have any inappropriate drug/alcohol, violent or sexual references. If you have any inappropriate tattoos, please ensure that you bring clothing to cover them.	Inappropriate clothing (tank tops, short shorts, leggings, jeggings, yoga pants) Bleach Pillows (unless brand new, still in package) Blankets/Sheets Finger Nail Polish stuffed animals perfume, cologne Anything with Ethyl Alcohol Highlighters, coloring pencils, crayons, markers, art supplies
Personal hygiene items- CANNOT CONTAIN ETHYL ALCOHOL (Ethanol) Toothbrush Container for toothbrush	Music- iPods, headphones, MP3 players, DVD players
No more than \$50, small bills – vending & laundry	Reading materials (unless recovery/religion related) or movies
Liquid Laundry Detergent: Tide, Gain, Purex, Xtra, Sun (or will have to use ours); NO PODS/POWDERS Dryer Sheets: Downy, Bounce, Snuggle, or Gain (or will have to use ours)	Cannot bring any laundry detergent or dryer sheets not on approved list
Only 10 make up items are allowed. If bringing make up must bring make up remover disposable wipes (can get at dollar store)	Weapons
Alarm clock w/o radio (optional)	Food items
All current medications	Cell phone
Nicotine Patches, or co pay (up to \$10)	No tobacco products or lighters; if brought they will be destroyed
1 box Kleenex	Aerosol items
May bring a NEW still in package pillow	More than 10 make-up items

No visitors under the age of 14